

TUBERCULOSIS (TB) PREVENTION TOOLBOX



**PREVENT DISEASE
PROGRESSION**

**HELPS PREVENT
BOTH**

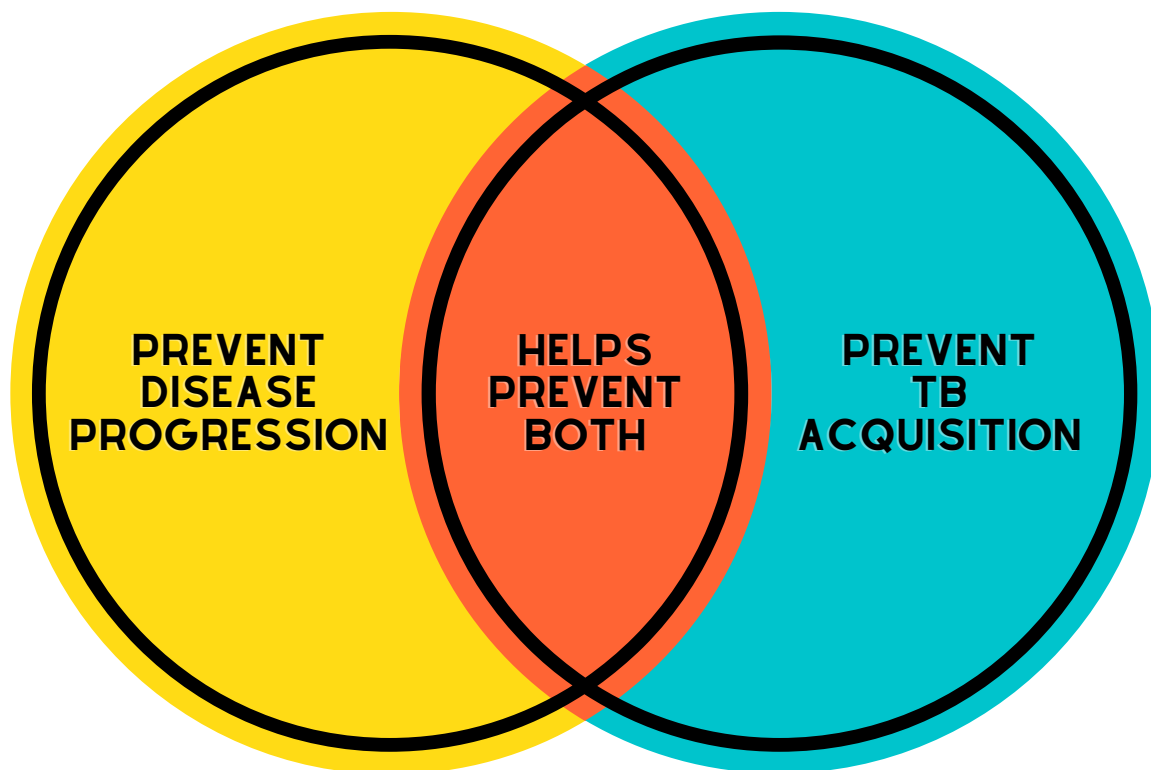
**PREVENT TB
ACQUISITION**

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- Bacillus Calmette-Guérin (BCG) vaccine
 - Health maintenance
 - Treatment adherence
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- TB Prevention Treatment (TPT)
 - Address substance use disorders
 - Address stigma around TB
 - Manage comorbidities
 - Nutrition
 - Social determinants
 - TB screening
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- Practice infection control: Cover mouth when coughing, wear a mask, ensure ventilation in healthcare and high transmission settings
 - Public education
 - Take TB treatment if diagnosed
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MORE INFORMATION



- Bacillus Calmette-Guérin (BCG) vaccine - especially for infants and young children.
- Ensure there are no medication stock outs.
- Good health maintenance (standard of care for HIV, diabetes, heart disease, respiratory conditions, etc.)
- Health education.
- Mental health and other support groups.
- Screen for TB to provide treatment for active TB.
- Treatment adherence: Stay on treatment even if you feel better.

- Tuberculosis Preventative Treatment (TPT) for individuals living with HIV and for close contacts and other risk groups. Treatments for people exposed to drug-sensitive TB include 3HP, 1HP, 3HR, 4R, and 6H. For people exposed to drug-resistant TB, one would take 6 months of levofloxacin.
- Address substance use disorders (smoking, drinking, etc.)
- Address stigma associated with TB.
- Screen for TB.
- Mitigate social determinants.
- Nutrition support; food vouchers. Proper nutrition is very important!

- Cover your mouth when coughing. Cough into your elbow.
- Screen and take treatment when living with someone that has active TB.
- Take TB treatment if diagnosed with TB. Taking treatment protects other who share air with you.
- Via public education; information on reducing stigma.
- Wear masks.
- Your environment matters: ventilation and circulation are important.

IMPORTANT LINKS

WORDS MATTER:

[HTTPS://WWW.STOPTB.ORG/WORDS-MATTER-LANGUAGE-GUIDE](https://www.stoptb.org/words-matter-language-guide)

WHO COMPREHENSIVE TB GUIDELINES:

[HTTPS://WWW.WHO.INT/PUBLICATIONS/I/ITEM/TLS-NTP-MANUAL-2023](https://www.who.int/publications/i/item/tls-ntp-manual-2023)

